



CAROLINE'S KITCHENS

cooking simplified

THAI A BOW PASTA

\$9.00 4/6 svg - \$4.50 2/3 svg [stove top]

Back by popular demand! Mix up traditional Thai and Italian flavors in your own home. Chicken, bow tie pasta and vegetables tossed in a traditional creamy peanut sauce.

KINGSTON PORK CUTLET

\$11.00 4/6 svg - \$ 5.50 2/3 svg [grill or broil]

Elite pork cutlets flavored straight from Kingston, with sweet red pepper, garlic and of course, Jamaican seasoning. Includes a side of green beans.



KOKOMO CHICKEN

\$11.00 4/6 svg - \$5.50 2/3 svg [grill/broil/crock pot]

Chicken breasts seasoned to send you off to Kokomo! Lime, honey, green onion, and a hint of jalepeno flavor the chicken to easily pair with the side of carrots.

EASY STREET CHICKEN

\$11.00 4/6 svg - \$5.50 2/3 svg [grill/broil/crock pot]

Chicken breasts easily seasoned the Italian way with cider vinegar, honey, basil and oregano perfect for grilling or broiling. Serve in slices over the included spaghetti for a quick and easy meal.

SPRING FLING SALMON

\$17.00 4/6 svg - \$8.50 2/3 svg [grill or broil]

Spring is here and grilled salmon seasoned with orange juice, soy sauce kissed with a touch of honey provides a light meal. Excellent with the included ciabatta bread.

MARGARET'S EGG BAKE

\$7.00 4/6 svg - \$3.50 2/3 svg [bake]

Margaret's breakfast bake includes roasted red peppers, broccoli and cheese, cheese, cheese - that's swiss, cottage and parmesan. Wake up the taste buds at brunch or enjoy as a one-dish dinner!

SEZZ-A-ME FLANK STEAK

\$14.00 4/6 svg - \$7.00 2/3 svg [grill or broil]

Elite flank steak has never been easier to prepare. Skewers of steak marinated in soy sauce, brown sugar and sesame seeds grilled lightly and served over orzo is a dish not soon forgotten.



MAY MENU 2007

BLUE EARTH BURGERS

\$12.00 4/6 svg - \$6.00 2/3 svg [grill/broil/skillet]

Elite burgers fit for Paul Bunyan mixed with wild rice and green onion and topped with blue cheese. The included corn-on-the-cob tells us summer is coming!



BERRY TURKEY TENDERLOIN

\$14.00 4/6 svg - \$7.00 2/3 svg [grill/bake/crock pot]

Thank goodness for tasty tenderloins! These are seasoned with a mix of cranberry and orange juice and can be grilled or tossed in the crock pot. Includes a side of broccoli.

BAKED MONTE CRISTO POCKETS

\$8.00 4/6 svg - \$4.00 2/3 svg [bake]

Pockets of bread brimming with turkey and ham as well as swiss cheese. Simply bake for a modern twist on the traditional fried sandwich. Easy enough for the babysitter to prepare.

CAJUN SHRIMP WRAPS

\$13.00 4/6 svg - \$6.50 2/3 svg [skillet]

Wrap up a quick meal with our Cajun Shrimp wraps! Six flour tortillas bursting with shrimp, black beans, tomatoes and green onion.

FIRE CRACKER PORK TENDERLOIN

\$14.00 4/6 svg - \$7.00 2/3 svg [grill/bake/crock pot]

Get your taste buds popping with the flavors of orange, horseradish and barbecue sauce. This is a great "sweet/heat" menu item. Choose your level of heat. Includes a side of mashed sweet potatoes.

ORANGE FUSION CHICKEN

\$12.00 4/6 svg - \$6.00 2/3 svg [bake]

Taste a fusion of South American and Asian-style flavors like never before! Six chicken breasts with our special fusion sauce of hoisin sauce, apricots, soy sauce, and oranges. Includes a side of our Rosemary Red potatoes you can bake to perfection!

TRIPLE BERRY CRISP

\$7.00 4/6 svg - not available in 2/3 serving size [bake]

Finish the night with a touch of sweetness! Bursting with freshness and plenty of berries, this tasty treat is sure to satisfy.

Average 4/6 selection price = \$11.43

14 average selections + 4/6 session fee = \$225.00

14 average selections / 84 servings total = \$2.68/serving

Average cost = 16.07/selection of 6 servings

Average 2/3 selection price = \$5.88

14 average selections + 2/3 session fee = \$122.32

14 average selections / 42 servings total = \$2.91/serving

Average cost = 8.74/selection of 3 servings